

Pre- Op Instructions for IV Sedation

History:

Any personal illness, weakness or unknown susceptibility must be reported; also details of any drugs recently prescribed or being taken- especially blood thinners, sleeping pills, tranquilizers or cortisone preparations.

Preparations:

-No food or drink should be taken after midnight the night prior to your surgery appointment. TO DO OTHERWISE MAY BE LIFE THREATENING. A small amount of liquid taken with the medications prior to the surgery is acceptable.

-The last meal should be light, easily digestible and contain no fats or fried foods. Stomach, bowels and bladder should be empty. Please use the restroom immediately prior to your appointment to ensure empty bowels and bladder. If you have a leaky bowel or bladder, please prepare yourself with proper under garments.

-STAY VERY HYDRATED THE DAY PRIOR TO SURGERY! This is very important as it helps us start IV and blood draw.

-ABSOLUTELY NO ALCOHOLIC BEVERAGES SHOULD NOT BE INGESTED 24 HOURS BEFORE OR AFTER YOUR APPOINTMENT.

-Please remember to wear comfortable clothing with loose sleeved shirts to allow access to your arms for an IV line or blood draw. This also allows us to place all the monitoring equipment in the correct locations.

- For those who wear contacts, please refrain from placing them the day of your surgery. Please also refrain from wearing jewelry and NAIL POLISH.

-During winter months, please wear very warm clothing to ensure patent veins.

- If you should develop a cold, flu, sore throat, or any other type of infection, please contact our office 24 hours prior to inform us of your illness.

HOW IS THE IV ADMINISTERED?

A thin needle will be introduced into a vein in your arm or hand. The needle will be attached to an intravenous tube through which medication will be given to help you relax and feel comfortable.

Some patients maybe asleep while others will slip in and out of sleep. Some patients with medical conditions and /or on specific drug regimens may only be lightly sedated and may not sleep at all.

Post-Op Instructions for IV Sedation

Any patient accepting IV sedation must agree to the following:

- Arrangements must be made for a responsible party to drive patient to and from the office and to accompany the patient home and remain with the patient afterwards.
- Medications, drugs, anesthetics and prescriptions may cause drowsiness, lack of awareness and coordination all of which can be increased by the use of alcohol or other drugs. Do not operate any automobile, motorcycle, bicycle, machinery, hazardous devices nor work or undertake in any responsible activities until fully recovered from the effects of the medications for at least 24 hours after your release from the surgery.
- Some patients, especially in those who bruise easily, may develop a discolored area on the arm or in the area where the IV medications or blood draw was used. This may persist for several days to several weeks afterwards. It may cause tenderness up the extremity and a hard cord-like knot may develop at the site of injection. This phenomenon is called thrombophlebitis and is rare but can occur and will eventually disappear.

Additional Information:

Intravenous sedation makes lengthy or complex dental/ oral surgical treatment comfortable and easy for you. It reduces anxiety, stress, discomfort, memory, time and awareness from the procedure. You enjoy a relaxing and pleasant sleepy state while you maintain your ability to breathe for yourself, maintain your protective reflexes and your ability to respond verbally. Local anesthetic will still be administered in your mouth after you are sedated. Dr. Guirguis and his staff are qualified in medical emergencies and equipped for IV sedations treatment with safe monitoring of blood pressure, oxygen levels and heart during your procedure.